

Soil Builders – Education in Action

Module 1: Soil Health & Water Quality



Soil Builders Workshops

Compost-related eco-literacy for Lake Champlain Basin decision-makers, professionals and advocates.

Compost increases soil stability, fertility, water infiltration, and moisture retention.

Using compost in land management practices is a critical strategy for climate adaptation.



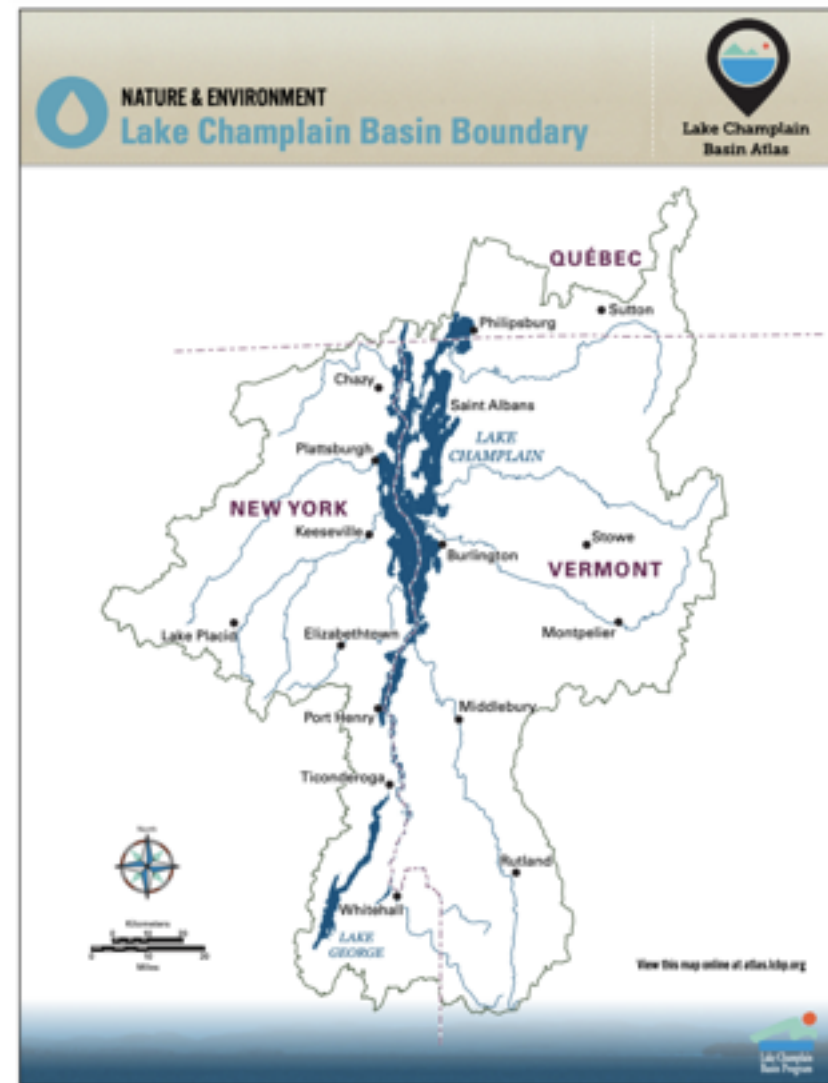
Soil Builders Workshop Topics

Soil health & water quality

Drivers for clean water & healthy soil

Best Management Practices for compost & compost-based products

Education in action – next steps



Project Partners

- Athena Lee Bradley, Compost Consultant, CAV Board Member
- Marc Companion, Lake Champlain Sea Grant
- Chuck Duprey, Naturcycle
- Brian Jerosse, Agrilabs Technologies Inc., CAV Board Member
- Deb Neher, UVM
- Elly Ventura, Lamoille Regional Solid Waste Management District, CAV Board Member

Additional Thanks

- CAV Board of Directors

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Soil Builders – Education in Action

Module 1: Soil Health & Water Quality



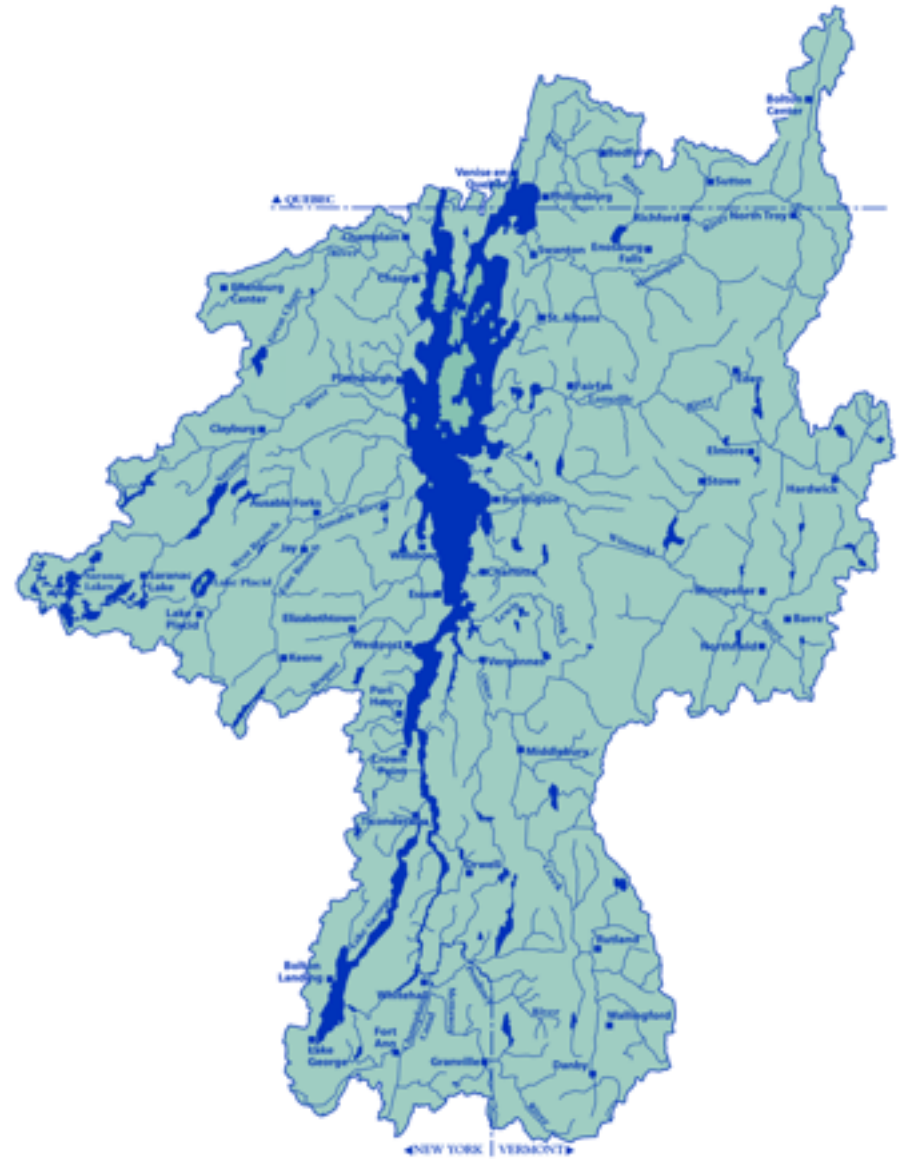
- Marc Companion, Lake Champlain Sea Grant
- Athena Lee Bradley, independent compost consultant

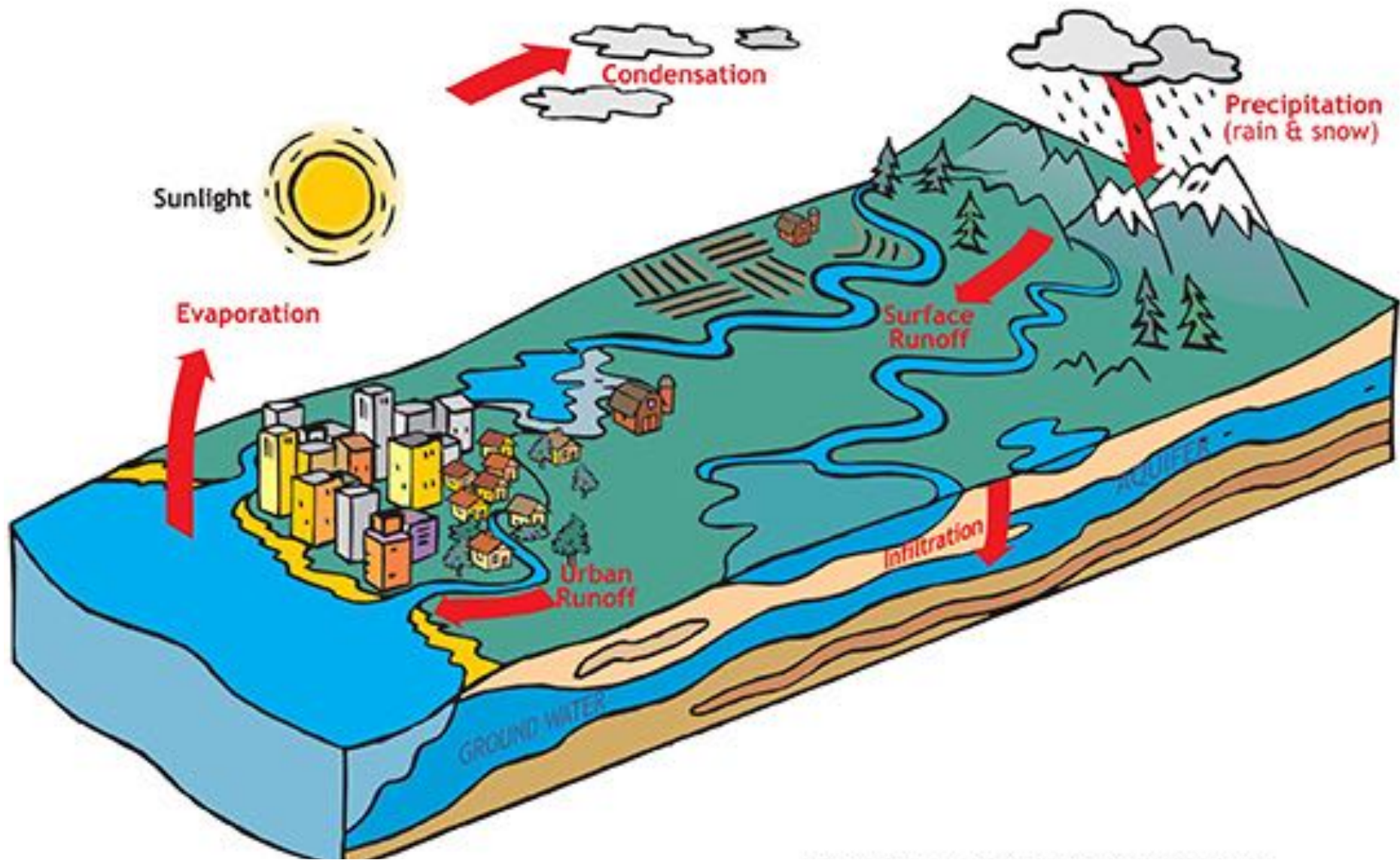
What we'll cover today:

soil health, compost & water quality

- Introduction to stormwater
- Healthy ecosystems and water quality
- Introduction to soil
- Compost, soil health and water quality

Stormwater and water quality







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Reclaiming Organic Residuals For Good



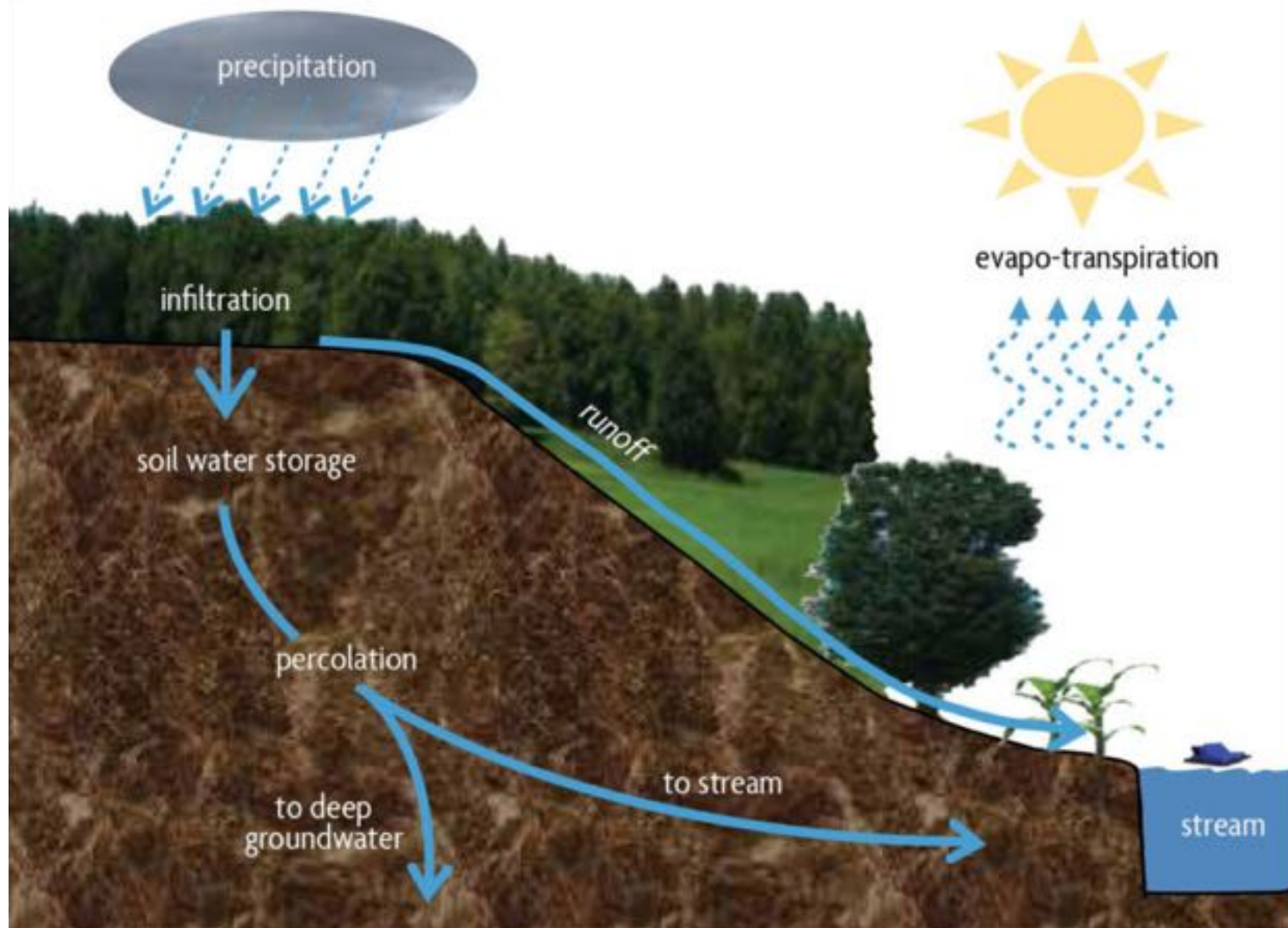
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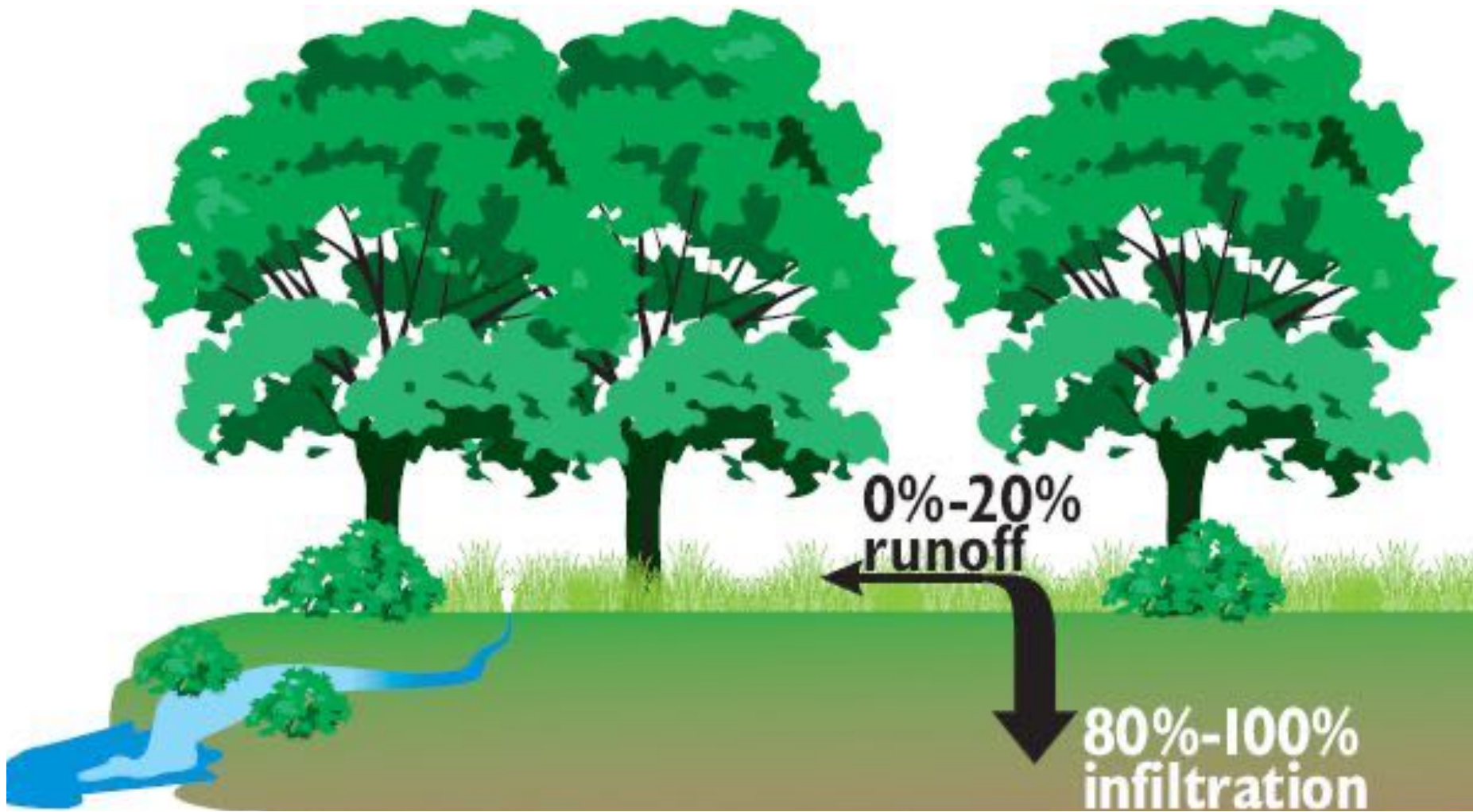
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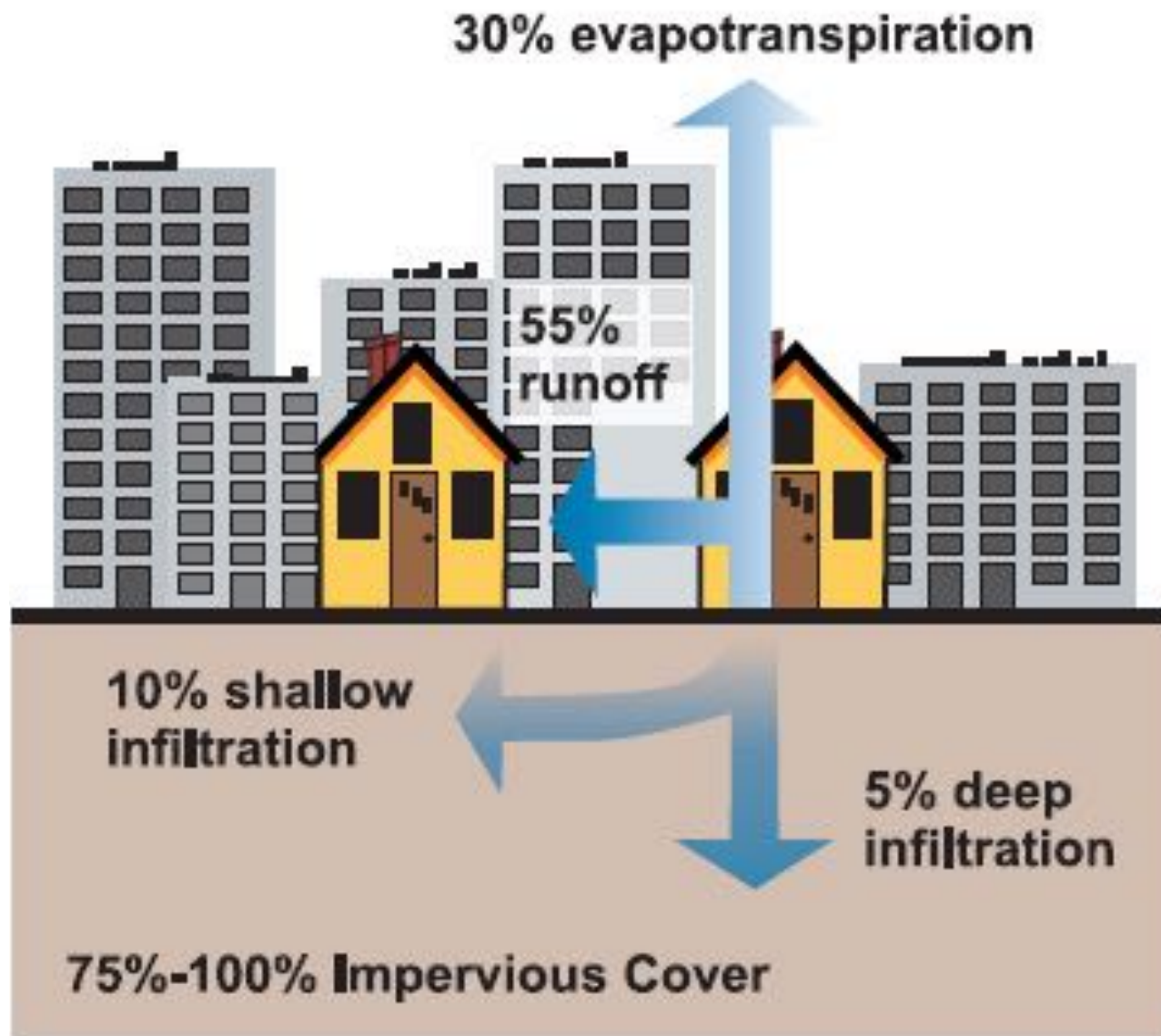
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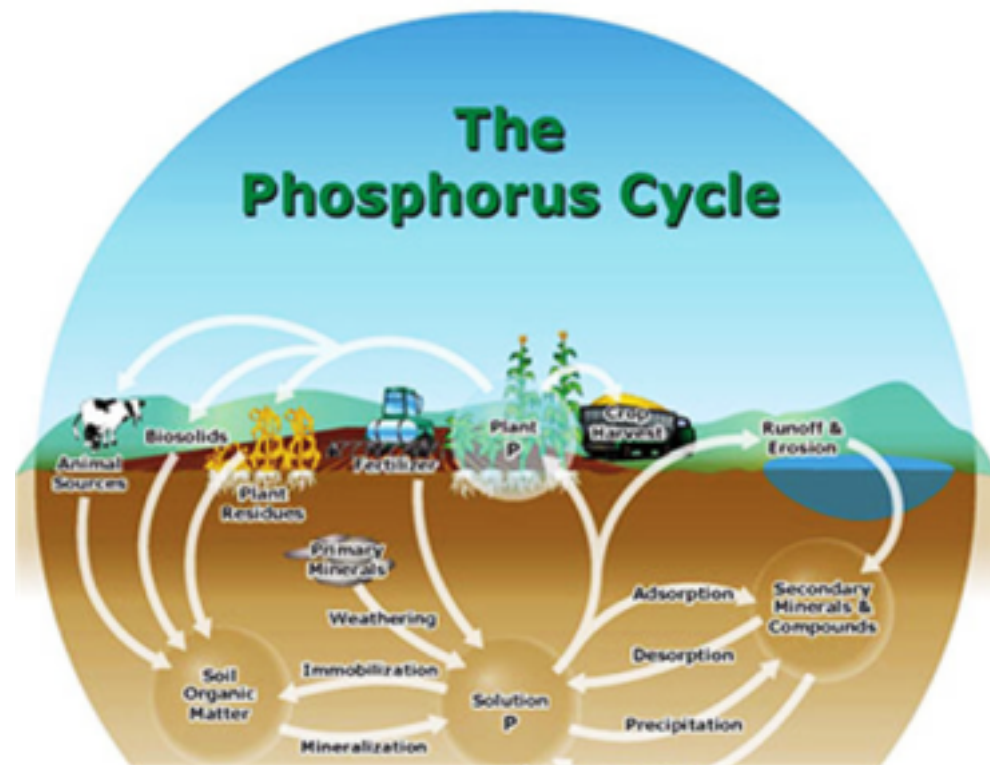
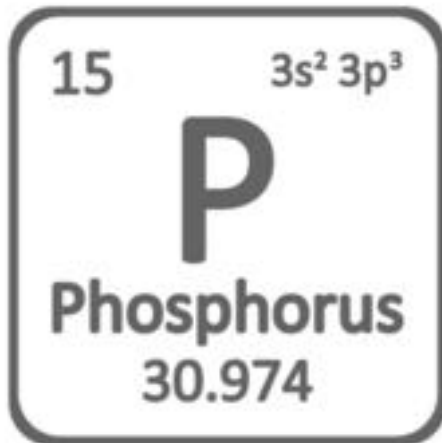
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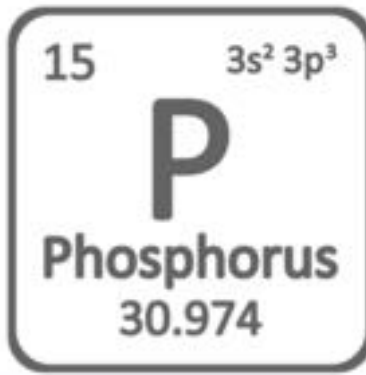


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Phosphorus as “pollutant of concern”





ALERT

Do Not Swim – High Levels of Bacteria

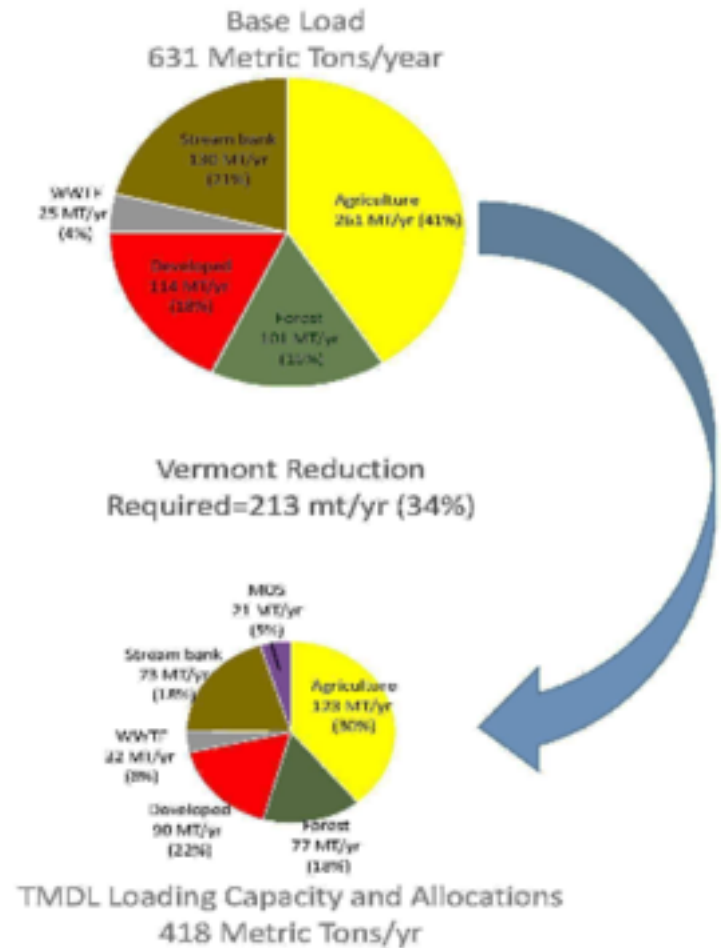
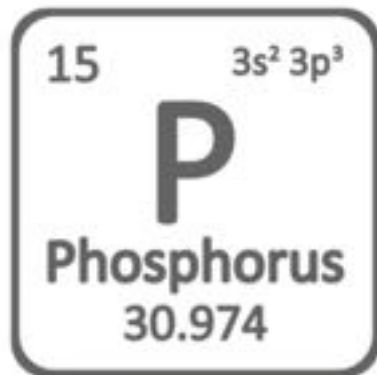
The water at this beach is tested regularly during the swimming season

For current beach conditions contact:
802-865-3397

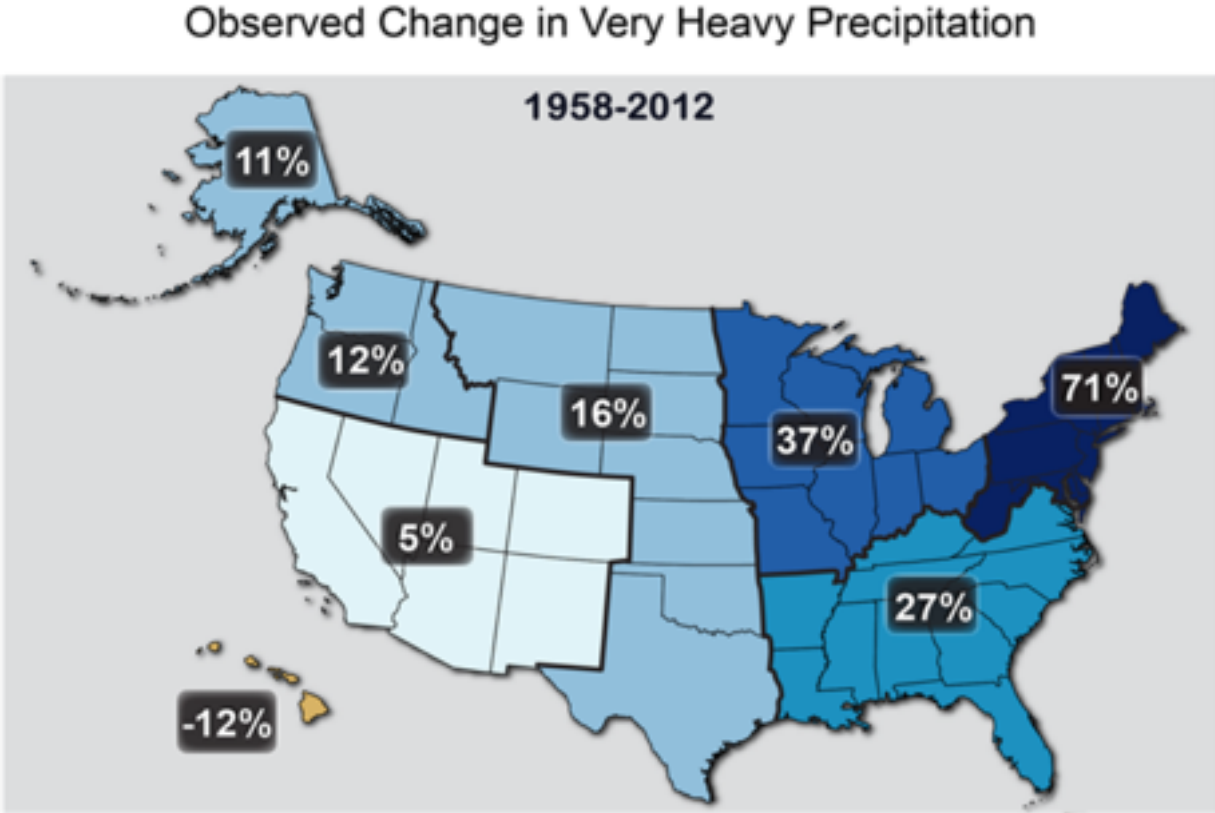
For medical or general health questions, contact
800-433-8550

TMDL (Total Daily Maximum Load)

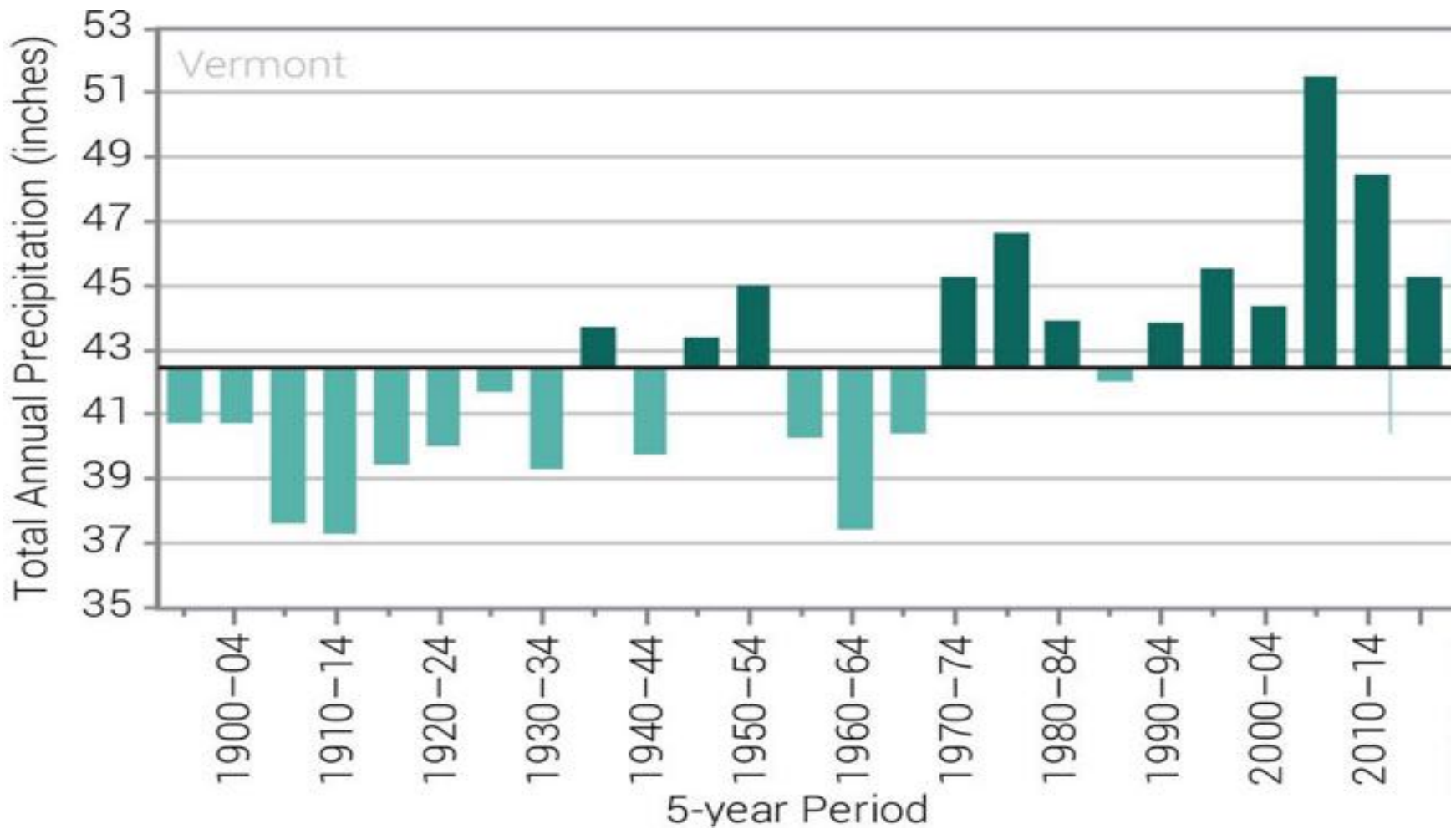
“How much of pollutant needs to be reduced to attain water quality goals?”



Climate change: more extreme events have resulted and are predicted



National Climate Assessment @ GlobalChange.gov



Source: National Oceanic and Atmospheric Administration (NOAA) Climate at a Glance



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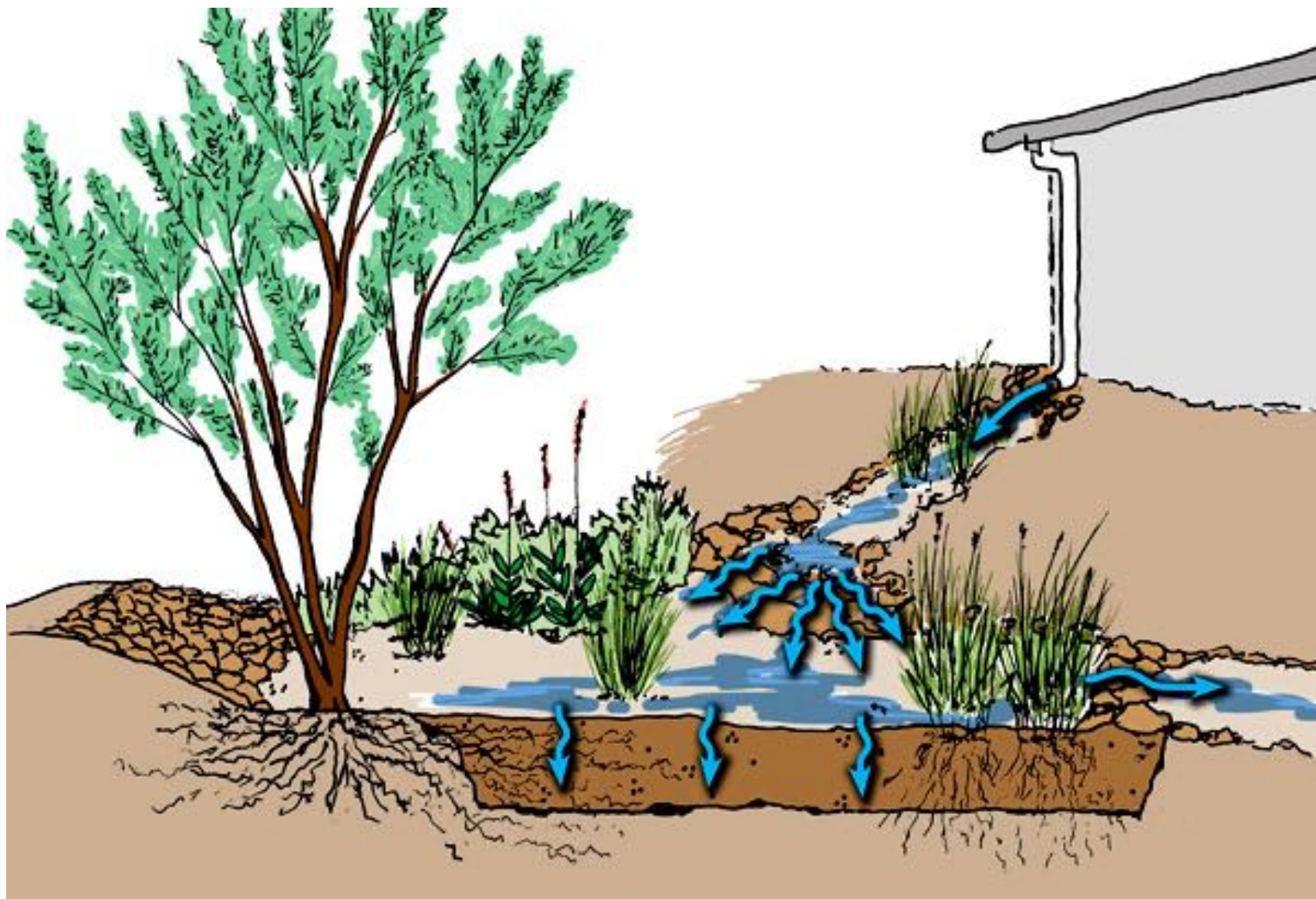
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Healthy Soils

“Healthy soil” means soil that has a well-developed, porous structure, is chemically balanced, supports diverse microbial communities, and has abundant organic matter.” (from VT Act 64, Clean Water Act, 2015)

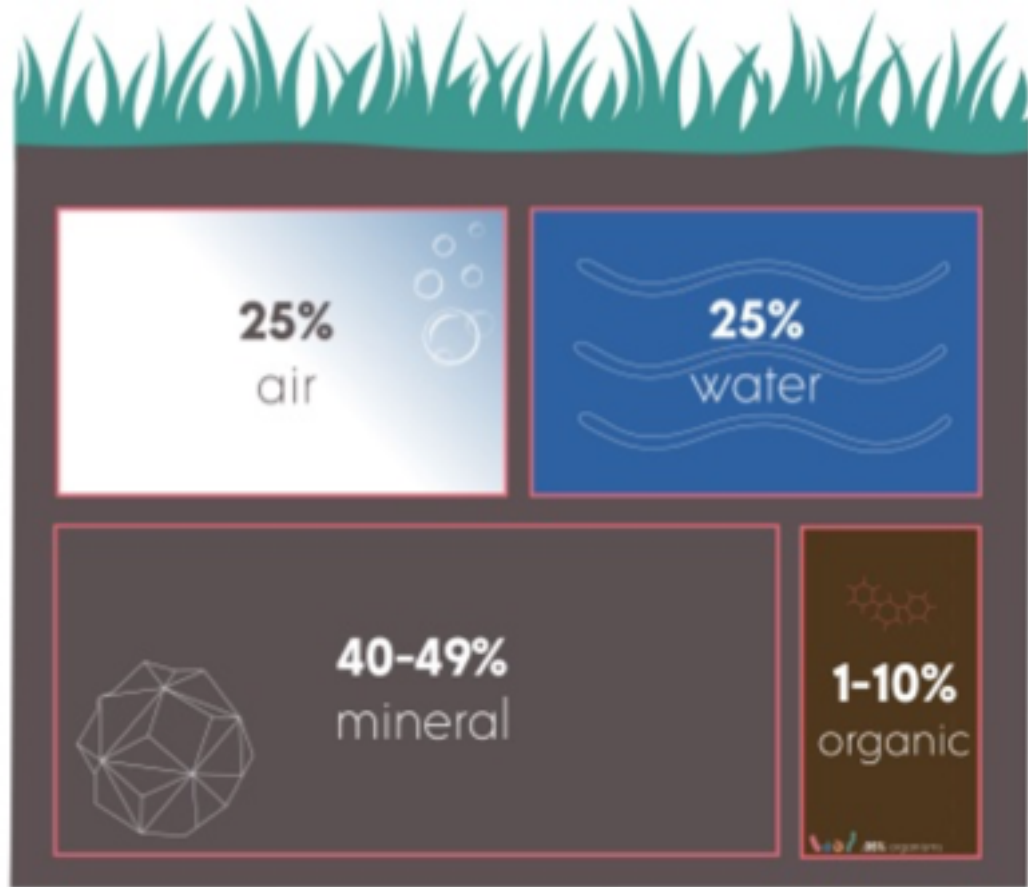
What is a Healthy Soil?

- Drains well, good infiltration, resists diseases & erosion
- Soils with good tilth are crumbly
 - Good tilth depends on aggregation

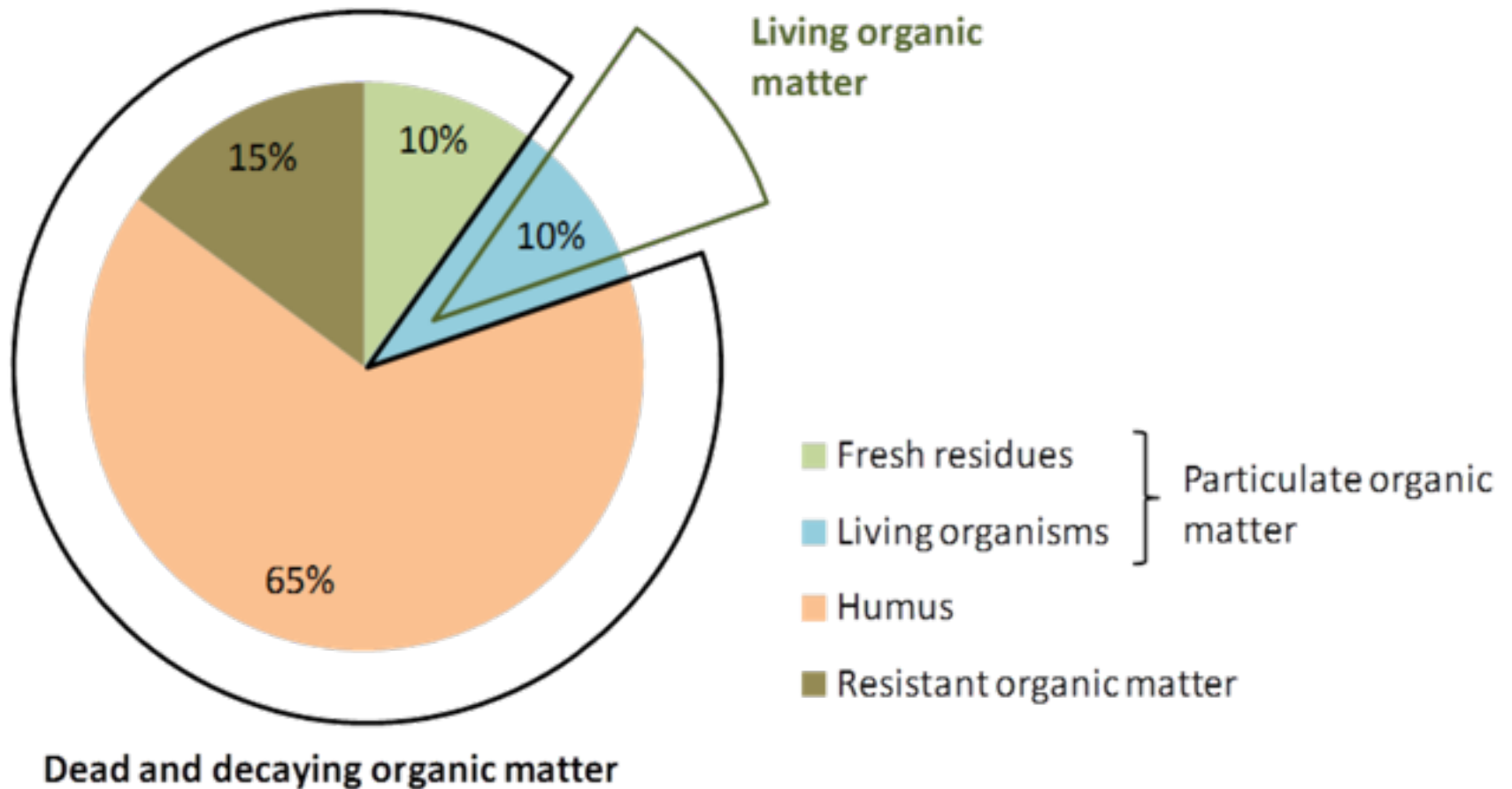




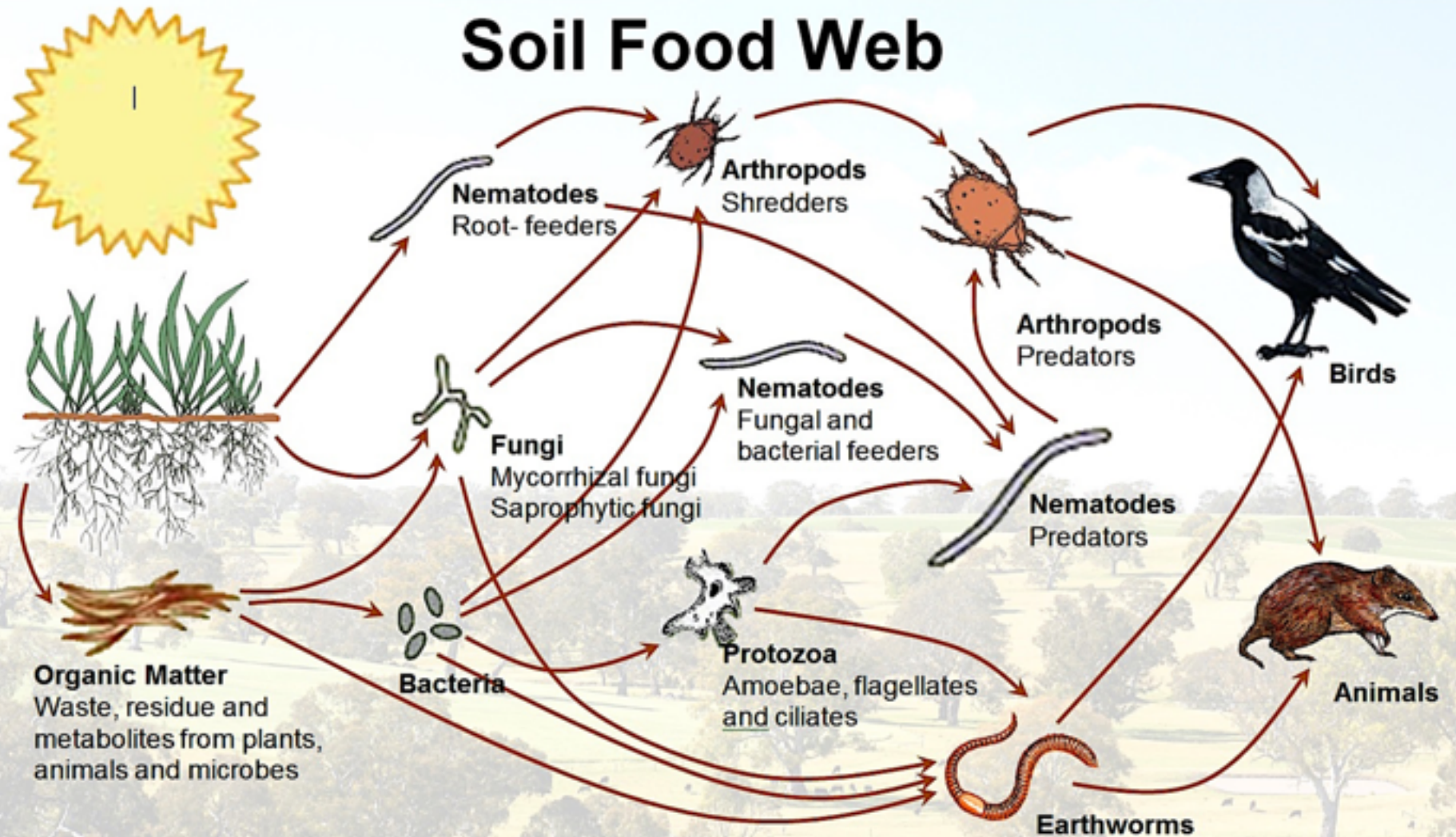
What is soil?



What is organic matter?



Soil Food Web



First trophic level	Second trophic level	Third trophic level	Fourth trophic level	Fifth trophic level
Photo synthesisers	Decomposing Mutualists, Pathogens, Parasites, Root-feeders	Shredders Predators Grazers	High level predators	Higher level predators

Soil physical properties are influenced by biological properties

Soil Health: Physical Properties

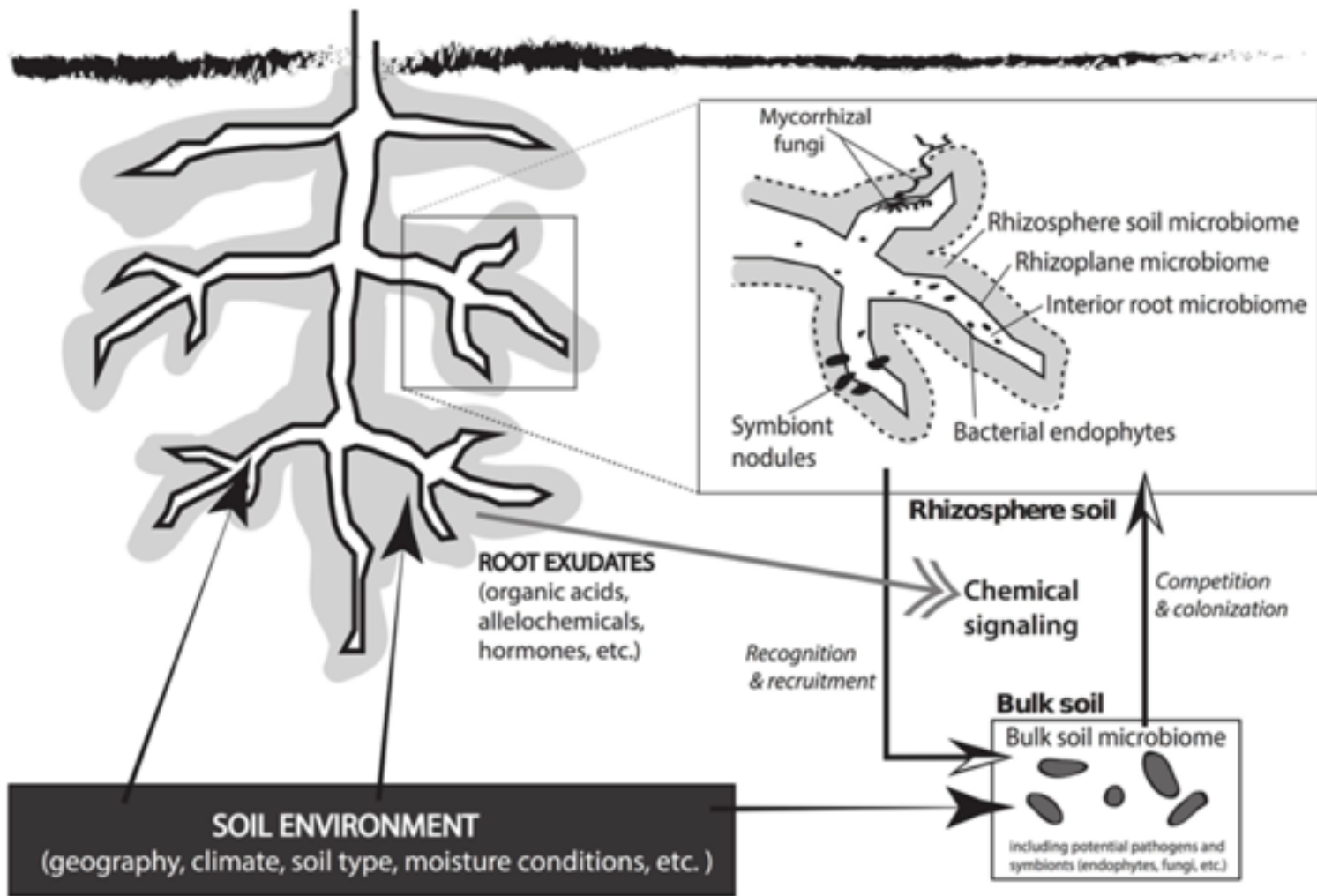


Penn State **Extension**

extension.psu.edu/tree-fruit
extension.psu.edu/start-farming

0:08 / 5:22





REVIEW ARTICLE

Front. Microbiol., 23 July 2014 | <https://doi.org/10.3389/fmicb.2014.00368>

The rhizosphere microbiota of plant invaders: an overview of recent advances in the microbiomics of invasive plants
 _Vanessa C. Coats¹ and _Mary E. Rumpho^{2*}



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MYCORRHIZAL FUNGI attach to the roots to be fed and in return give nutrients + water to the plant, increasing root capacity x1000s.

The fungi help produce soil aggregates with a sticky protein called glomalin that can last for decades as soil carbon.

MYCORRHIZAL AGGREGATES

Roots exude sugars to feed **BACTERIAL COLONIES** whose enzymes break down soil particles into plant available nutrients.

Bacteria's life, death, and defecation create smaller soil aggregates or "humus" that can last for decades as soil carbon.

BACTERIA AGGREGATES

*humus and soil aggregates are also produced by earthworms, nematodes, protozoa and various arthropods.

How do we build healthy soil?

Building Healthy Soil

Compost = Organic matter rich in soil biology = Soil health



**“The Living Skin
of The Earth”**



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What is Composting?

What is compost?

- Controlled biological decomposition of organic materials
- Management of microorganisms to create an aerobic heating & curing process
- Produces a biologically stable & mature product
 - Rich in organic matter
 - Product nutrient profile depends on the compost “recipe”



Image Cr.: BioCycle

Compost Nutrient Profile

- A compost recipe impacts:
 - ✓ The nutrient profile of the finished compost
 - ✓ The species of bacteria and fungi
- An analysis of the finished compost can indicate:
 - ✓ The amount of organic material or carbon
 - ✓ Phosphorus, nitrogen, and other nutrients

Activity:
What does compost do for the soil?



Improves Biological Conditions

- Nutrients
- Live microorganisms
 - ✓ Fully functional organisms with respect to nutrient cycling
 - ✓ Organisms produce plant growth stimulating compounds
- Reduces pest populations

Improves Chemical Characteristics

- Provides nitrogen (N), phosphorus (P) & micronutrients
 - ✓ Relative amounts depend on both compost feedstocks & composting practices
- Optimal pH for plants
- High cation exchange capacity (CEC)

Improves Physical Characteristics

- Adds soil tilth
 - ✓ Optimal seed germination, root growth, deeper soil penetration
- Promotes water infiltration & retention
 - ✓ Protection of soil surface
- Increases soil porosity
 - ✓ Enhanced air & water storage
- Aggregation & structure
 - ✓ Resistance to erosion, saturation, other stresses

Composting Enhances Soil and Protects Watersheds

Healthy soils are essential for protecting watersheds. Compost is the best way to add organic matter—which is vital—to soils.

When added to soil, compost can filter out urban stormwater pollutants by **an astounding 60-95%**



IT'S ALL ABOUT THE SOIL

COMPOST improves biological, chemical, and physical characteristics of soil.

Protects against soil desertification and soil erosion

Enhances plant disease suppression

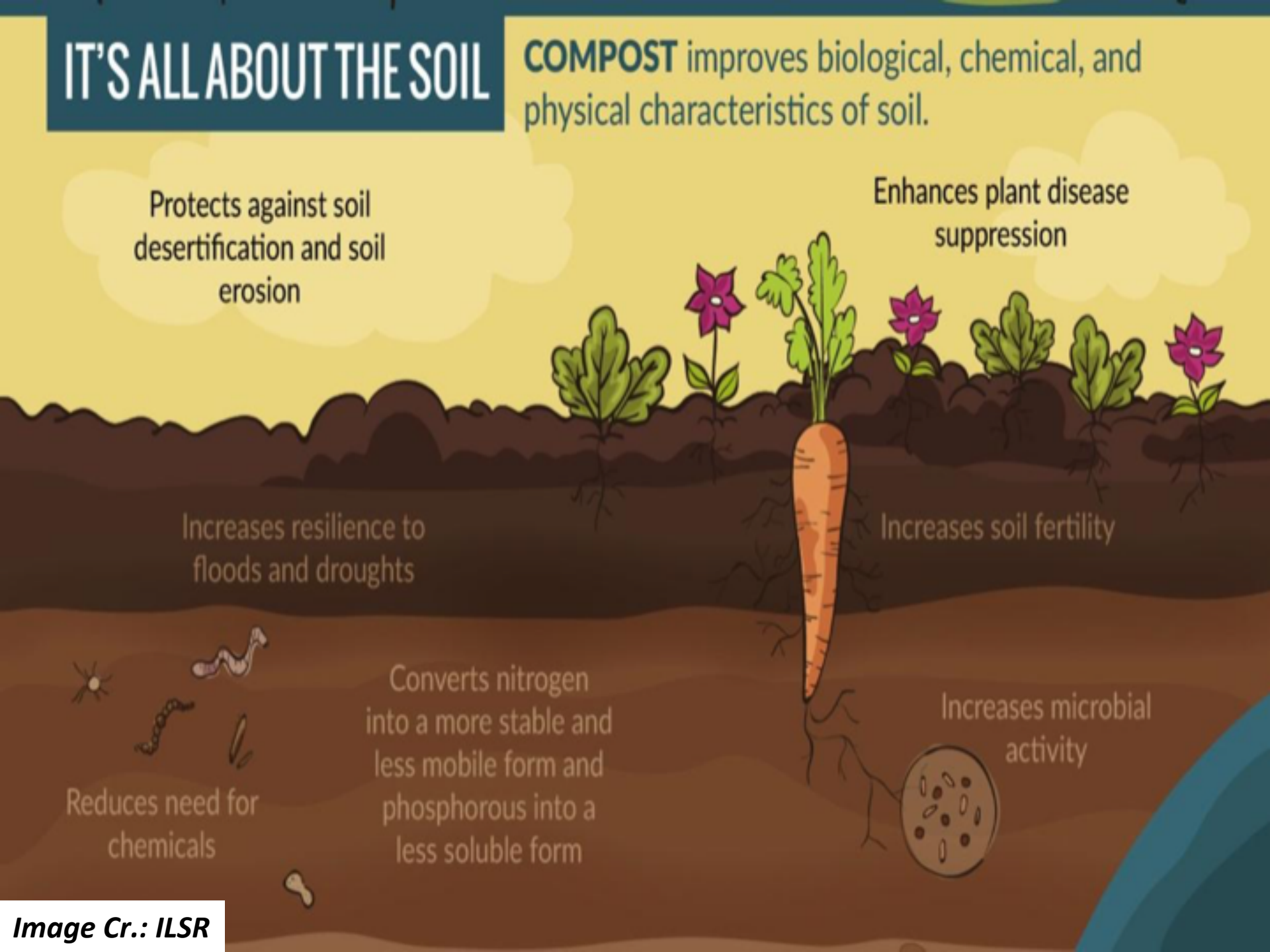
Increases resilience to floods and droughts

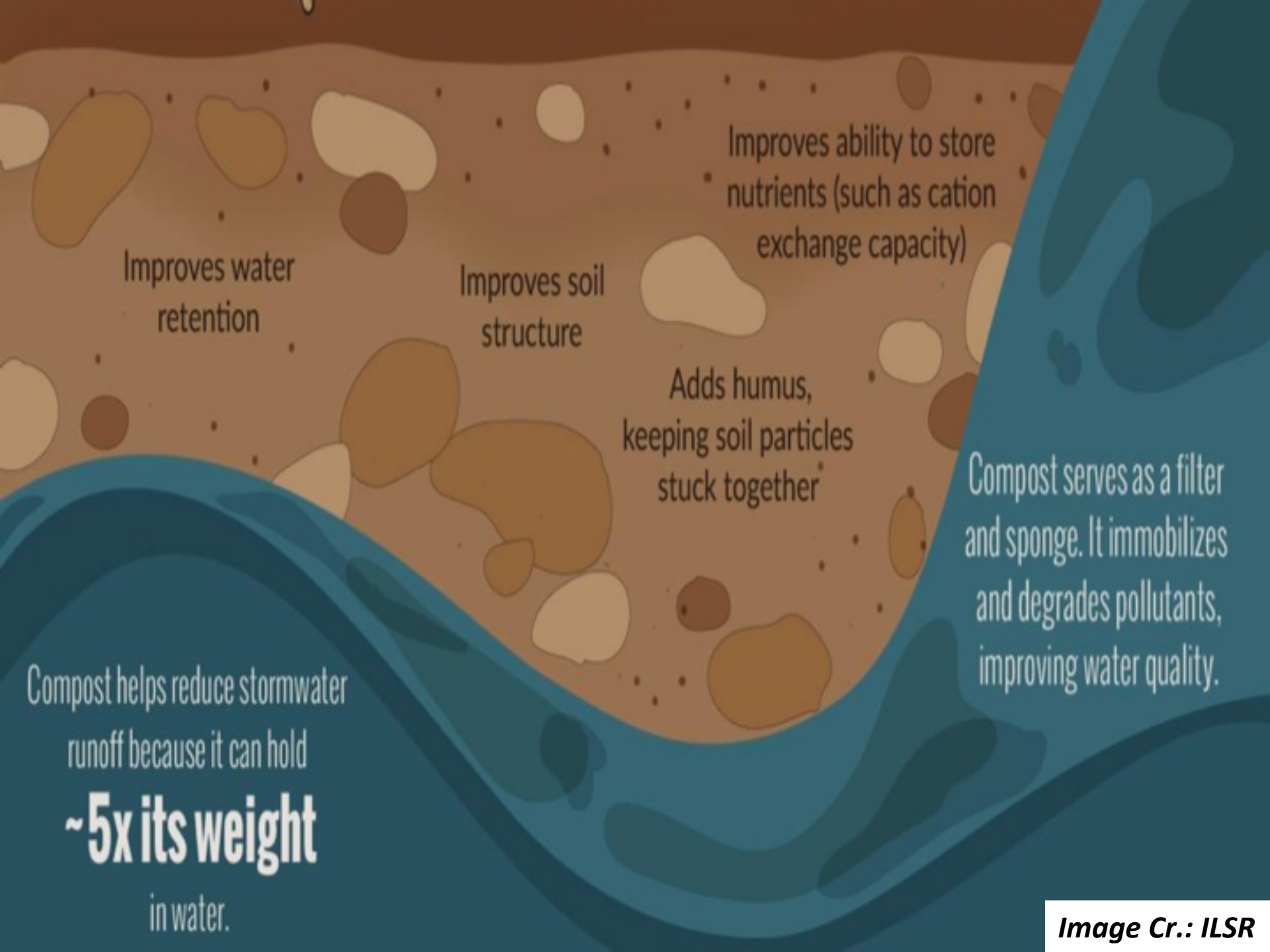
Increases soil fertility

Converts nitrogen into a more stable and less mobile form and phosphorous into a less soluble form

Increases microbial activity

Reduces need for chemicals





Improves water retention

Improves soil structure

Improves ability to store nutrients (such as cation exchange capacity)

Adds humus, keeping soil particles stuck together

Compost serves as a filter and sponge. It immobilizes and degrades pollutants, improving water quality.

Compost helps reduce stormwater runoff because it can hold **~5x its weight** in water.

Soil As An Environment To Live In

Water Infiltration and Drainage



▶ ▶ 🔊 3:17 / 5:22



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Healthy Soils = Healthy Plants

- More Air & Better Root Growth
 - ✓ Soil is “looser”
- Better Water Management
 - ✓ Drought resistance & water storage
- Balanced Diet for Plants
 - ✓ Increased nutrient retention
 - ✓ Sustained release
- Less Pests
 - ✓ Biological resistance



Image Cr.: Équiterre

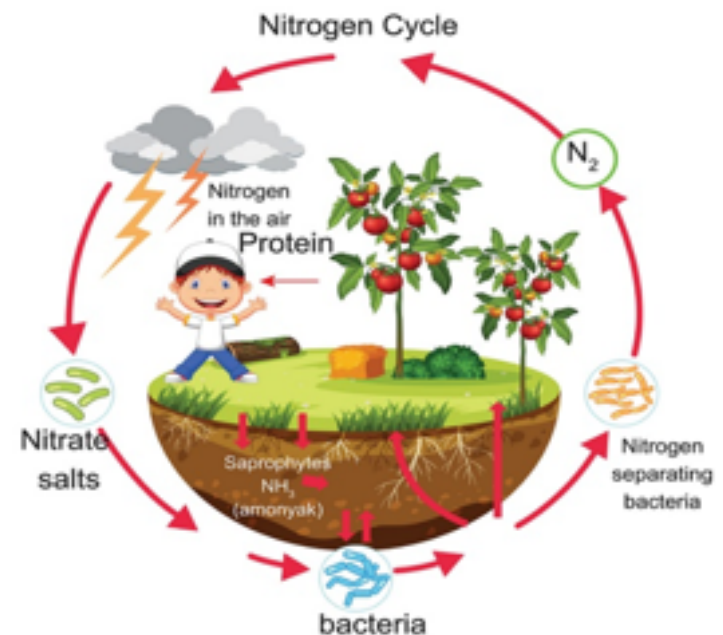
Compost Regulates Nutrient Flows

Organic matter increases holding capacity

- *Chemically* increases binding sites
- *Biologically* immobilizes nutrients until used by plants

Reduced water flow on landscape

- Reduces flow of dissolved nutrients, e.g., N
- Reduces loss of nutrients attached to soil (soil erosion), e.g., P



Eutrophication – Excess Nutrients result in Water Quality Degradation



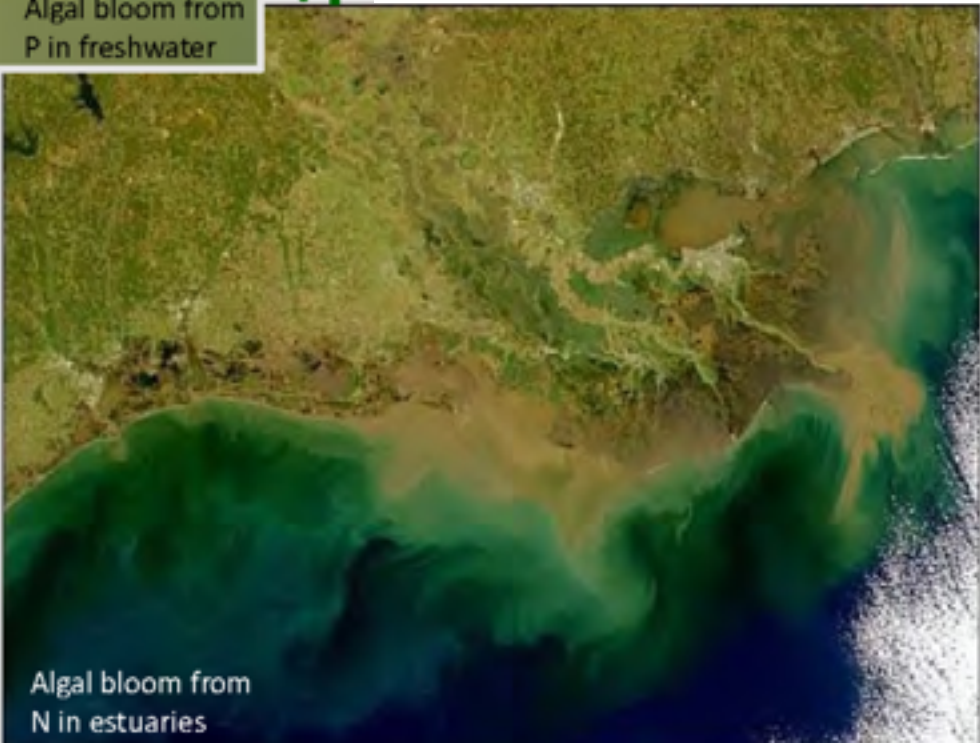
Excessive P and N use causes Pollution in Surface Waters & Greenhouse Gas Emissions...



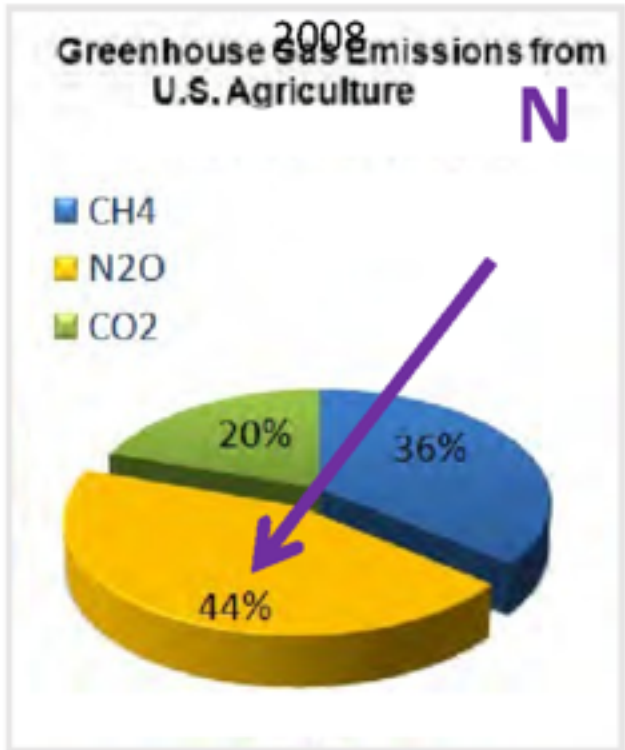
Algal bloom from P in freshwater

-P Phosphorus is lost with soil erosion...
➤ Attached to soil particles

+P



Algal bloom from N in estuaries



High N losses occur through leaching and denitrification

Feed the Soil Some Compost!



**Increases
biological activity**



Increases decomposition

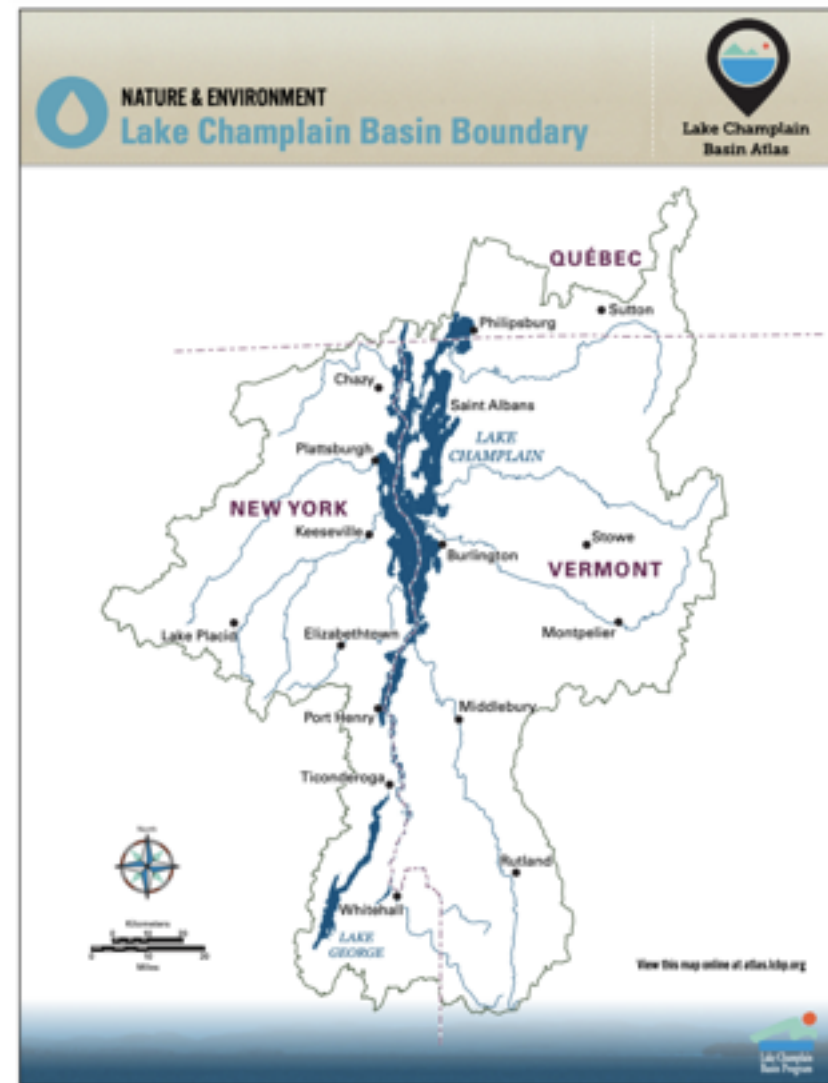
- Increases soil aggregation → pore structure → tilth
- Increases humus + other growth promoting substances
- Increases nutrients
- Decreases harmful substances detoxified

**Decreases
soil-borne
disease**



Soil Builders Workshop Topics

- Soil health & water quality
- Drivers for clean water & healthy soil (pre-recorded, available soon)
- Best Management Practices for compost & compost-based products (March 23rd)
- Education in action – next steps



Compost-based BMPs



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Compost-based BMPs



Compost-based BMPs



Compost-based BMPs



Compost-based BMPs



Streambank Stabilization

Compost socks and blanket demonstration

Vtrans standard 6" grub soil to larger rocks, seeded, much washed away

Control Transect – just rocks - almost identical to Vtrans' soil covered and seeded

Compost socks and blankets stay in place after river rises above them, to help hold base for seed and shrubs. Also holds moisture in dry rock conditions



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This project has been funded wholly or in part by the United States Environmental Protection Agency under assistance agreement (LC00A00605) to New England Interstate Water Pollution Control Commission in partnership with the Lake Champlain Basin Program.

